

Headway Wearside:

Improving Life after Brain Injury

Charity Number 1140910 Company Number 07504702

 Timetable

Our regular activities will continue on the dates below,

break for the summer and then continue September

4th July – Lunch club at Mickeys Place 12.30 pm

6th July – Social afternoon/Activity – Headway Wearside Activity Room, 1-3 pm

11th July – Lunch Club at Mickeys Place 12.30 pm

13th July – Exercise with DEB, bring your packed lunch.

**Summer Activities**

If you are interested in attending any of the activities you must reserve your place and pay any contributions by the booking deadline.

|  |  |  |
| --- | --- | --- |
| Date | Activity  | Details  |
| 30th June | Hastings Hill Pub Lunch12.30 pm | Meet at Hastings Hill Pub Chester Road SR4 9LP. Please bring money to pay for your meal and drinks  |
| 7 July | Afternoon Tea1 pm  | Headway Wearside Activity Room |
| 14th July | Sunderland Glass Centre10.15 amMake a glass coasterGlass blowing demonstrationCuppa in café. | Book your Place by 7th June with Kim Meet at Sunderland Glass Centre, Liberty Way SR6 0GL |
| 21st July  | Kurling/Games Day1-3 pm | Headway Wearside Activity Room  |
| 4th August  | Beamish Museum Timeslot booked for 11am Transport 10 am from Headway/WashingtonLeave 4 pm .  | Book Your Place by 14th July with Kim £10 per personYou will need either packed lunch and or money for lunch/shopping. |
| 18th August  | Sunderland Museum and Winter Gardens Cuppa and Catch up 10.30 am  | Meet at the Museum,Burdon Road SR1 1PPHave a cuppa then a look around the museum  |

**For further information contact Kim Hunter 0191 522 7113,** [**www.headwaywearside.org.uk**](http://www.headwaywearside.org.uk) **or call in at Headway Wearside. at St Mary & St Peters Community Project, Springwell Road, Sunderland SR3 4DY**